

LASER/BBL PRE-TREATMENT ADVISOR

- Avoided sun exposure for 2 weeks prior to procedure.
- No Accutane for at least 9 months.
- Avoid unnecessary medications that could increase photo-toxicity. Antibiotics such as tetracycline derivatives, Bactrim, and flouroquinolones are most common).
- Using Retin A, Clear, Blender, or Triluma for at least 2 weeks if fair skinned, 4-6 weeks if dark skinned prior to procedures is important to minimize hyperpigmentation.
- Take antiviral (Valtrex) if having Halo or ablative procedure (Profractional, MicrolaserPeel, or resurfacing) 1 day prior, day of procedure, and continue daily until gone. You must reschedule if you have an active cold sore.
- Continue to avoid sun for 2 weeks following BBL and/or Halo, and for 1 to 3 months after an ablative laser. Sunscreen use and physical barriers like a hat or visor are essential.
- Continued use of good skin care once healed will maximize and prolong results. All products can be used immediately following BBL treatments. Clear, Blender, and Triluma can be started 2 weeks following Halo and Retin A at 4 weeks. Timing varies after ablative lasers, so be sure you understand your specific instructions. In general, Hydroquinone products start 2 weeks after healed, and Retin A is gradually introduced 2-4 weeks later.