

**Stacey Folk, MD**  
**303-321-6608**  
**www.FolkPlasticSurgery.com**

## CONSENT FOR SCLEROTHERAPY INJECTIONS

I authorize Dr. Stacey Folk and her staff to perform sclerotherapy on myself to destroy unwanted leg veins.

Other methods of treatment, as well as the consequence of no treatment, have been discussed with me.

I am not currently pregnant, breastfeeding, nor do I have a personal history of asthma or blood clots in the legs or lungs.

Possible complications of injections include, but are not limited to: allergic reaction to the medication, scarring, ulcerations, open wounds and deep vein thrombosis (blood clots in the legs). These are rare but possible complications of this procedure. An even rarer complication could be pulmonary embolism. If you experience any reaction, symptom, or have any concern, please call our clinic immediately.

Possible complications of laser therapy include, but are not limited to: redness, swelling, bruising, blistering and discoloration. Pigment changes are rarely permanent.

Depending on the size and location of the veins being treated, complete resolution may not be possible or may require multiple treatments. An average of three treatments is necessary for most people; you may require more or less treatments.

Anesthesia is not necessary and will not be used.

I understand this is a strictly cosmetic service and will not be billed to insurance.

I consent to taking of photographs during the course of treatment for the purpose of medical education and/or marketing, including but not limited to, website information.

I understand that special dressings are to be worn for 72 consecutive hours post-injection and failure to follow post-procedure directions may result in sub-optimal results.

I have read and understand all information presented to me before signing this consent. A copy of this consent will be provided to me at my request.

I CONSENT TO THE TREATMENT OF SCLEROTHERAPY INJECTIONS AND I HAVE READ THE ABOVE LISTED ITEMS. I AM SATISFIED WITH THE INFORMED CONSENT PROCESS

\_\_\_\_\_  
Patient or Person Authorized to Sign for Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

## **PRE & POST-OPERATIVE SCLEROTHERAPY INSTRUCTIONS**

### PRE-TREATMENT INSTRUCTIONS

- In order to optimize your results, we ask that you purchase compression stockings prior to your treatment and bring them with you to the appointment.
- Do not use body lotion, oils, or self-tanners the night before or day of treatment.
- Bring a pair of loose-fitting shorts for all treatments
- Do not take aspirin or other blood-thinning drugs (e.g., Vitamin E, Gingko, Biloba), ibuprofen, or other nonsteroidal inflammatory drugs for 2 days before and 2 days after treatment.
- Do not smoke or drink for 2 days before and 2 days after treatment. This impedes healing.
- If you develop a fever or flu, you must reschedule.
- If you are having Reticular Veins treated, plan to postpone flying for 48 hours after treatment.

### POST-TREATMENT

- Immediately following the treatment, cold gel packs or ice applications can be applied at 20-minute intervals to relieve discomfort.
- The treatment area may be bruised or discolored after treatment. This can last for 2-21 days.
- Stay out of the sun and tanning booths until treatment area is healed.
- Taped compression pads may be removed 24 hours after the Sclerotherapy procedure.
- Maintain normal activities. You are encouraged to walk as much as possible and avoid standing in a single position for prolonged periods of time.
- Avoid strenuous physical activities such as high-impact aerobic, running, and weight lifting for 48-72 hours following treatment.
- Avoid swimming for 48 hours.
- Avoid hot tubs and saunas for 1 week.
- Avoid hot baths. Cool your legs with cold water after each shower.
- Avoid flying for 48 hours after treatment of Reticular Veins.
- Do not touch or push on veins for 6 weeks.
- Pain after Sclerotherapy is usually minimal and goes away after 1-2 days. If you experience discomfort, you may take a Tylenol or Extra-Strength Tylenol. If you experience significant pain, redness, swelling, crusting, or bleeding, call our office immediately.