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Non-invasive Skin Tightening and Smoothing Post Treatment Instructions

Typically, you may return to your normal activities after the *ThermiSmooth* treatment. You should follow the medical advice of your physician regarding the care of your skin.

1. Wash skin with tepid water and a gentle cleanser.
2. If the skin is slightly pink or red in areas following the treatment, avoid hot water when washing or showering until any pink has subsided.
3. Makeup (preferably mineral-based) may be applied immediately post treatment.
4. Soothing, non-irritating creams or moisturizers may be used.
5. Use a sun block with an SPF of 30 or greater if going out into the sun to help prevent future sun damage.
This treatment does not cause photosensitivity.

Your practitioner will describe the nature and timing of skin improvement you may notice over time from the *ThermiSmooth* treatment. If you have any further questions or concerns, contact your physician's office.