

**Stacey Folk, MD**  
**303-321-6608**  
**www.FolkPlasticSurgery.com**

## Medications to Avoid

If you are taking any medications on this list, they should be discontinued 2 weeks prior to surgery and only acetaminophen products, such as Tylenol, should be taken for pain. All other medications – prescriptions, over-the-counter and herbal – that you are currently taking must be specifically cleared by your doctor prior to surgery.

### Aspirin Medications to Avoid: *Affect blood clotting.*

4-Way Cold Tabs	Cama Arthritis Pain	Kaodene	Phenaphen/Codeine #3
5-Aminosalicylic Acid	Reliever	Lanorinal	Pink Bismuth
Acetilsalicylic Acid	Carisoprodol Compound	Ibuprohm	Piroxicam
Actron	Cataflam	Lodine	Propoxyphene Compound products
Adprin-B products	Cheracol	Lortab ASA	Robaxial
Aleve	Choline Magnesium	Magan	Rowasa
Alka-Seltzer products	Trisalicylate	Magnaprin products	Roxeprin
Amigesic Argesic-SA	Choline Salicylate	Magnesium Salicylate	Saleto products
Anacin products	Cope	Magsal	Salflex
Anexsia w/Codeine	Coricidin	Marnal	Salicylate products
Arthra-G	Cortisone Medications	Marthritic	Salsalate
Arthriten products	Damason-P	Mefenamic Acid	Salsitab
Arthritis Foundation products	Darvon	Meprobamate	Scot-Tussin Original 5-Action
Arthritis Pain Formula	Diclofenac	Mesalamine	Sine-off
Arthritis Strength BC Powder	Dipenturn	Methocarbarnol	Sinutab
Arthropan	Disalcid	Micrainin	Sodium Salicylate
ASA	Doan's products	Mobidin	Sodol Compound
Asacol	Dolobid	Mobigesic	Soma Compound
Ascriptin products	Dristan	Momentum	St. Joseph Aspirin
Aspergum	Duragesic	Mono-Gesic	Sulfasalazine
Asprimox products	Easprin	Motrin products	Supac
Axotal	Ecotrin products	Naprelan	Suprax
Azdone	Empirin products	Naproxen	Synalgos-DC
Azulfidine products	Equagesic	Night-Time Effervescent Cold	Talwin
B-A-C	Etodolac	Norgesic products	Triaminicin
Backache Maximum Strength Relief	Excedrin products	Norwich products	Tricosal
Bayer Products	Fiorgen PF	Olsalazine	Trilisate
BC Powder	Fiorinal products	Orphengesic products	Tussanil DH
Bismatrol products	Flurbiprofen	Orudis products	Tussirex products
Buffered Aspirin	Gelpirin	Oxycodone	Ursinus-Inlay
Bufferin products	Genprin	Pabalate products	Vanquish
Buffetts 11	Gensan	P-A-C	Wesprin
Buffex	Goody's Extra Strength	Pain Reliever Tabs	Willow Bark products
Butal/ASA/Caff	Headache Powders	Panasal	Zorprin
Butalbital Compound	Halfprin products	Pentasa	
	IBU	Pepto-Bismol	
	Indomethacin products	Percodan products	
	Isollyl Improved		

## Medications to Avoid

### **Ibuprofen Medications to Avoid**

*Affect blood clotting.*

Acular (ophthalmic)	Haltran	Nabumetone	Rhinocaps
Advil products	Indochron E-R	Nalfon products	Sine-Aid products
Anaprox products	Indocin products	Naprosyn products	Sulindac
Ansaid	Ketoprofen	Naprox X	Suprofen
Clinoril	Ketorolac	Nuprin	Tolectin products
Daypro	Ibuprin	Ocufen (ophthalmic)	Tolmetin
Dimetapp Sinus	Ibuprofen	Oruvail	Toradol
Dristan Sinus	Meclofenamate	Oxaprozin	Voltaren
Feldene	Meclomen	Ponstel	
Fenoprofen	Menadol	Profenal	
Genpril	Midol-products	Relafen	

### **Avoid ALL Diet Aids – Including Over-the-Counter & Herbal**

*Intensify anesthesia, serious cardiovascular effects.*

### **Tricyclic Antidepressants to Avoid**

*Intensify anesthesia, cardiovascular effects.*

Adapin	Doxepin	Maprotiline	Tofranil
Amitriptyline	Elavil	Norpramin	Triavil
Amoxapine	Endep	Nortriptyline	Trimipramine
Anafranil	Etrafon products	Pamelor	Vivactil
Asendin	Imipramine	Pertofrane	
Aventyl	Janimine	Protriptyline	
Clomipramine	Limbitrol products	Sinequan	
Desipramine	Ludiomil	Surmontil	

### **Other Medication to Avoid: Affect blood clotting.**

4-Way w/ Codeine	Dipyridamole	Macrochantin	Sinex
A.C.A.	Doxycycline	Mellaril	Sofarin
A-A Compound	Emagrin	Miradon	Soltice
Accutrim	Enoxaparin injection	Omega Fatty Acids	Sparine
Actifed	Ephedra	Opasal	Stelazine
Anexsia	Fish Oils	Pan-PAC	Sulfinpyrazone
Anisindione	Flagyl	Pentoxifylline	Tenuate
Anturane	Flax Seed Oil	Persantine	Tenuate Dospan
Arthritis Bufferin	Fleaxaril	Phenylpropanolamine	Thorazine
BC Tablets	Fragmin injection	Prednisone	Ticlid
Childrens Advil	Furadantin	Protarnine	Ticlopidine
Clinoril C	Garlic	Psuedoeohdrine	Trental
Contac	Grape Seed Oil	Pyrroxate	Ursinus
CO-Q-10	Heparin	Qualfanzen	Virbamycin
Coumadin	Hydrocortisone	Robaxin	Warfarin
Dalteparin injection	Isollyl	RobitussionRu-Tuss	
Dicumerol	Lovenox injection	Salatin	

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## Medications to Avoid

### Salicylate Medications, Foods & Beverages to Avoid

*Affect blood clotting.*

Amigesic (salsalate)	Magsal	Pepto-Bismol (bismuth subsalicylate)	Trilisate (choline salicylate + magnesium salicylate)
Disalcid (salsalate)	Pamprin (Maximum Pain Relief)	Salflex (salsalate)	
Doan's (magnesium salicylate)	Mobigesic	Salsalate	
Dolobid (diflunisal)	Pabalate	Salsitab (salsalate)	

### Vitamins and Herbs to Avoid

*Affect blood clotting, affect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage. Note: Just because it is not of this list does not mean that it is safe to take while preparing for surgery.*

Ackee fruit	Devil's club	Goldenseal	Muwort
Alfalfa	Dong Quai root	Gotu Kola	Nem seed oil
Aloe	Echinacea	Grape seed	Periwinkle
Argimomy	Ephedra	Guarana	Selenium
Barley	Eucalyptus	Guayusa	St. John's Wort
Bilberry	Fenugreek seeds	Hawthorn	Valerian/Valerian Root
Bitter melon	Feverfew	Horse Chestnut	"The natural Viagra®"
Burdock root	Fo-ti	Juniper	Vitamin E
Carrot oil	Garlic and Garlique	Kava Kava	Vitamin K
Cayenne	Ginger	Lavender	Willow bark
Chamomile	Gingko	Lemon verbena	Yellow root
Chromium	Gingko biloba	Licorice root	Yohimbe
Coriander	Ginseng	Ma Huang	
Dandelion root	Gmena	Melatonin	

**If you are taking anything not on this list, please call the office at 303-321-6608 to notify us and make sure that it is okay.**